

verbena  
spa

AT  
FEVERSHAM  
ARMS HOTEL



## INDIVIDUAL TREATMENT OFFERING

### FACIALS

My Kinda Skin	60 min	£110
Totally Quenched & Drenched	75 min	£135
Repose	75 min	£135
Champagne & Truffles	90 min	£145

### MASSAGE

Full Body	60 min	£120
Full Body, Face & Scalp	90 min	£145
Rocks of the Mediterranean	75 min	£130
New Beginnings (Pregnancy)	60 min	£120

### SIDE ORDERS

Hot Stone Neck and Shoulder Massage, Scalp Massage, Hand Ritual, Foot Ritual & Eye Remedy	15 min	£40 each
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### WRAPS / EXFOLIATIONS

Outer Glow	60 min	£110
Glorious Mud	60 min	£110
Go Figure	60 min	£110
I'll Be Back	60 min	£110

### MANI'S

Deluxe Manicure OR Pedicure	60 min	£70 each
Deluxe Gel Manicure OR Pedicure	75 min	£80 each
Express Manicure OR Pedicure	30 min	£35 each

## VERBENA SPA EXPERIENCES

We believe your time is precious and should be yours to spend as you wish. Indulge in one of our luxurious experiences and meet your own relaxation goals.



### MINDFUL MOMENTS

Choice of the following, which are all **90 minutes** and include a one course lunch, glass of prosecco and facilities **10am-2pm**.

£160 per person Monday - Thursday. £180 Friday – Sunday.

#### REJUVENATION EXPERIENCE

A Mediterranean inspired body exfoliation followed by an indulgent tailor-made facial bespoke to your needs.

#### DE-STRESS EXPERIENCE

Feeling and looking stressed out? This calming and anti-inflammatory wavestone massage and facial, targets muscle pain and melts away tension in your back and back of legs using the power of warmed stones leaving you feeling inexplicably relaxed, followed by a skin booster facial to soothe the mind, body, and soul.

#### SERIOUS DETOX EXPERIENCE

A results driven detoxifying experience that includes a full body exfoliation, mud wrap and facial.

#### YUMMY MUMMY EXPERIENCE

Treat mum to be to a pregnancy full body massage, followed by a 30 minute facial or revitalising leg energiser for swollen legs and ankles.

#### A BRUSH WITH HEAVEN

Imagine the sensation of being brushed top-to-toe! This totally unique treatment revives, relaxes, and drains toxins. Your skin is cocooned in a rich warm body oil, whilst your face gets an equally heavenly treat. The entire treatment is carried out by brushes, whilst you doze.

#### ‘YOUR BEST YOU’ MENOPAUSE TREATMENT

This unique top-to-toe treatment is bespoke to you. The gentle, caring massage uses a combination of expert therapist hands and Himalayan Salt stones with **TEMPLE SPA** nurturing skincare to support stress relief, increase energy, and positively boost your mood. Rhythmic stretches, and gentle joint rotation rescue achy limbs and a gentle lymph drainage facial reduces puffiness to leave skin fresh and feeling beautiful.

To book call **01439 772930** or visit **[fevershamarmshotel.com](http://fevershamarmshotel.com)**