



## INDIVIDUAL TREATMENT OFFERING

### FACIALS

My Kinda Skin	60 min	£90
Totally Quenched & Drenched	75 min	£105
Repose	75 min	£105
Champagne & Truffles	90 min	£120

### MASSAGE

Full Body	60 min	£90
Full Body, Face & Scalp	90 min	£120
Rocks of the Mediterranean	75 min	£115
New Beginnings (Pregnancy)	60 min	£90

### SIDE ORDERS

Hot Stone Neck and Shoulder Massage, Scalp Massage, Hand Ritual, Foot Ritual & Eye Remedy	15 min	£25 each
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### WRAPS / EXFOLIATIONS

Outer Glow	60 min	£90
Glorious Mud	60 min	£90
Go Figure	60 min	£90

### MANI'S

Deluxe Manicure OR Pedicure	60 min	£60 each
Deluxe Gel Manicure OR Pedicure	75 min	£70 each
Express Manicure & Pedicure	60 min	£60



# VERBENA SPA EXPERIENCES

We believe your time is precious and should be yours to spend as you wish. Indulge in one of our luxurious experiences and meet your own relaxation goals.



## VERBENA SPA SACRED SPACE

Our **Verbena Spa Signature Treatment** is an exclusive full body massage designed by the Verbena Spa team. Therapeutic herbs from Helmsley Walled Garden are combined in poultices with Himalayan salt to create the ultimate relaxation experience.

120 minutes - £190

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### CLASSIC EXPERIENCE

A Mediterranean inspired body exfoliation followed by an indulgent tailor-made facial bespoke to your needs.

90 minutes - £135

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### DE-STRESS EXPERIENCE

A prescriptive facial and full body massage - customised to you.

120 minutes - £185

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### PURE INDULGENCE EXPERIENCE

A luxe top-to-toe face and body experience with an invigorating full body scrub, a relaxing massage and facial.

120 minutes - £185

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### SERIOUS DETOX EXPERIENCE

A results driven detoxifying experience including a full body exfoliation and stimulating mud wrap, followed by an invigorating and energising full body massage.

150 minutes - £225

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### YUMMY MUMMY EXPERIENCE

Treat mum-to-be to a pregnancy-friendly full body massage, followed by a delicious face treatment and revitalising leg energiser.

150 minutes - £225

Our signature treatment and experiences all include a welcome drink, refreshing post-treatment sorbet and a 2 hour relaxation pass.



To book call **01439 772930** or visit **fevershamarmshotel.com**

